

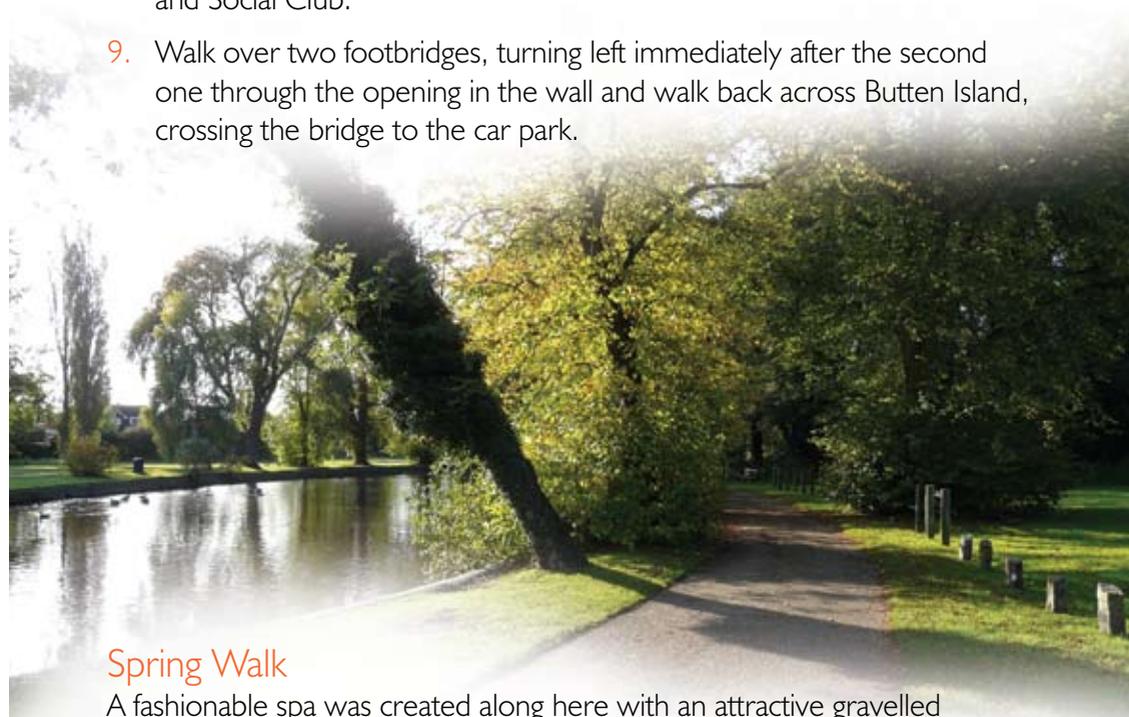


Information	
Start point	Bridge Street car park • Grid Reference TL868830
Parking	Free public car park
Distance	1.4 miles
Details	Minor gradient, mainly flat, 95% firm, 5% soft 

Walk instructions

1. Start at the Bridge Street car park, walking over the three-way bridge and bearing right to Butten Island (signposted). Keep left and follow the path straight on, passing the statue of Maharajah Duleep Singh.
2. At the end of the path, turn right through the opening in the wall and walk over the footbridge. Turn immediately left towards Nun's Bridges. You are now walking along Spring Walk.
3. Follow Spring Walk round to the left over the sluice gate. You will pass the information plaque on your right showing the Spring Walk timeline, Thetford's Spa Fountain of Health.
4. Pass The Lady Gentle Memorial Meadow on your left and as you approach Nun's Bridges Road, there is an information plaque about Icknield Way over to your left.
5. Cross the road to the path opposite and follow straight on. Turn right over the footbridge, walking back towards Nun's Bridges Road through a small parking area and turn left down Nuns Bridges Road, crossing Nunnery Drive.
6. Walk a short distance to the end of the pavement before crossing the road to a green area and following a little path up in to Nunsgate. Bear right at the first junction (note: there is no road sign).

7. Turn left at the next junction (again, no road sign). Follow this road to the path at the end that leads down on to Mill Lane and bear left on to Mill Lane following the pavement.
8. Walk straight on following the pavement for a short while before turning right into Bridges Walk past the Thetford and District Ex-Service and Social Club.
9. Walk over two footbridges, turning left immediately after the second one through the opening in the wall and walk back across Butten Island, crossing the bridge to the car park.



Spring Walk

A fashionable spa was created along here with an attractive gravelled promenade laid along the river bank. The building, Spring House, still remains.

Did you know?

- Song thrushes used to be common but are now in national decline and have their own UK action plan. Look out for them in open grassy areas.
- The greater spotted and lesser-spotted woodpecker may be heard hammering in the trees and the green woodpecker may be seen feeding on the ground on Butten Island.

A very pleasant walk crossing Butten Island and following the river down Spring Walk until you reach Nuns Bridges, the crossing point of the ancient Icknield Way. The route brings you back to Bridges Walk and Butten Island via Nunsgate and Mill Lane.

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Look out for...

- 1** The statue of the Maharajah Duleep Singh on Butten Island
- 2** The old coffee mill and Bridges Walk
- 3** Nuns Bridges and the Icknield Way



Key

Walk 4

Parking **P**

Statue of Maharajah Duleep Singh

At five years old, Duleep Singh became the last maharajah of the Punjab, a kingdom larger than Great Britain. He was the first sikh settler in Britain and in 1863, Duleep bought the 17,000 acre Elveden Estate near Thetford with money from the British government.